



Tabriz University of Medical Sciences (TUOMS)  
School of Medicine

## Curriculum Vitae

### Personal Data:

**First name:** Mehrzad

**Last name:** Hajjalilo

**Nationality:** Iranian

**Date of birth:** 1968/06/10

**Place of birth:** Tabriz, Iran

**Marital status:** Married

**Specialty:** Rheumatologist

**Academic rank:** Professor

**Department/Research Center:** Internal medicine, Connective Tissue Diseases  
Research Center

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***h*-index (Scopus):** 12

**ORCID ID:** : 0000-0001-8152-4583

**Scopus ID:** 56575007200

**ResearcherID:** N-3480-2018

**ORCID:**



## Fields of interest

Lupus,Scleroderma,Ankylosing Spondylitis

## Skills: (language, software...)

Turkish, Farsi, English  
Office, SPSS, Reference manager, Acrobat reader, Photoshop

## Educational Background:

Date	Degree	Institution	Country
September 1989-September 1996	General Medicine	Urmia University of Medical Sciences	Iran
September 1997-September 2001	Specialty in Internal Medicine	Tabriz University of Medical Sciences	Iran
September 2002-September 2004	Sub specialty in Rheumatology	Tehran University of Medical Sciences	Iran

## Sabbaticals:

Start and End Date (month/year)	Details
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## Thesis

Degree	Title
GP	Prevalence, predisposing factors and clinical manifestation of preeclampsia in Urmia university hospitals
Specialty	Immunophnotyping in acute lukemia
Subspecialty	Association between serum Thrombomodulin level and disease activity in lupus pateints

## Educational experience

### Teaching

Date (month/year)	Course Name, Venue (Institution, Address)
2004-2020	Physiopathology of rheumatic diseases in Tabriz University of Medical Sciences
2004-2020	Rheumatic diseases for medical students in Tabriz University of Medical Sciences
2004-2020	Rheumatic diseases for internal medicine residents in Tabriz University of Medical Sciences
2017-2020	Rheumatic diseases for fellows of rheumatology in Tabriz University of Medical Sciences
2004-2017	Physiopathology of rheumatic diseases in Azad University of Medical Sciences

### Workshop(s)

Date (month/year)	Course Name, Venue (Institution, Address)
2007	How to get involved in Cochrane collaboration in Tabriz University of Medical Sciences
2013	Current trends in the diagnosis and management of immune mediated disorders in Turkey
2013	Medical recording in Tabriz University of Medical Sciences
2010	Academic skill course in Tabriz University of Medical Sciences
2008	IOF osteoporosis diagnosis course in Tehran University of Medical Sciences
2010	Reference manager in Tabriz University of Medical Sciences

### Lecture(s)

Date (month/year)	Details
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## Research Activities:

### Research areas, Interests

Lupus, scleroderma

### Books:

N	Title	authors	Publisher	Authorship/ Translation/ ....


## Selected articles:

N	Title	authors	Journal	Year	Indexed in (Scopus, Medline, WOS, ....)
1	Title: Ankylosing Spondylitis in Iran; Late Diagnosis and Its Causes	: Hajjalilo M, Ghorbanihaghjo A , Khabbazi A; Kolahi S, Rashtchizadeh N	Iran Red Crescent Med J. 2014	2014	ISI, PubMed, Scopus
2	Nasal carriage rate of Staphylococcus aureus among patients with systemic lupus erythematosus and its correlation with disease relapse	Mehrzad Hajjalilo,, Amir Ghorbanihaghjo, Alireza Khabbazi,Hamed Valizadeh, Sina Raeisi , Alka Hasani, Mojtaba Varshochi, Sousan kolahi, Mohamad Reza Nakhjavani	The Egyptian Rheumatologist.	2014	PubMed, Scopus
3	A double-blind randomized comparative study of triamcinolone hexacetonide and dexamethasone intra-articular injection for the treatment of knee joint arthritis in rheumatoid arthritis	Mehrzad Hajjalilo , Amir Ghorbanihaghjo, Leyla Valaee, Sousan Kolahi, Naderh Rashtchizadeh, Maryam Bannazadeh Amirkhiz, Ida Malekmahdavi and Alireza Khabbazi.	Clin Rheumatol	2016	ISI, PubMed, Scopus
4	FGF-23, Klotho and Vitamin D levels in scleroderma	Ravan Ahmadi, Mehrzad Hajjalilo, Amir Ghorbanihaghjo, Ali Mota, Sina Raeisi, Nasrin Bargahi,	: Iranian Journal of Public Health	2017	ISI, PubMed, Scopus

		Mohammad Valilo, Farahnaz Askarian			
5	Titel Endothelin-1, $\alpha$ -Klotho, 25(OH) Vit D levels and severity of disease in scleroderma patients	Mehrzad Hajjalilo · Parisa Noorabadi · Sepideh Tahsini Tekantapeh · Aida Malek Mahdavi	Rheumatol Int	2017	ISI, PubMed, Scopus
6	Long-term efficacy and safety of interferon $\alpha$ -2a therapy in severe refractory ophthalmic Behcet's disease	Hadise Kavandi, Alireza Khabbazi, Sousan Kolahi, Mehrzad Hajjalilo, Farid Karkon Shayan, Mohammad Oliaei	Clin Rheumatol	2016	ISI, PubMed, Scopus
7	Evaluation of ERAP1 gene single nucleotide polymorphisms in immunomodulation of pro-inflammatory and anti-inflammatory cytokines profile in ankylosing spondylitis	FarhadBabaie; HamedMohammadi MaryamHemmatzadeh; MehrdadEbrazeh... Mehrzad hajjalilo	Immunology Letters	2020	ISI, PubMed, Scopus
8	The effects of nanocurcumin on Treg cell responses and treatment of ankylosing spondylitis patients: A randomized, double-blind, placebo-controlled clinical trial	Majid Ahmadi Mehrzad Hajjalilo 1, Sanam Dolati, Shadi Eghbal- Fard, Hanieh Heydarlou, Mahnaz Ghaebi, Arezou	J Cell Biochem .	2019	ISI, PubMed, Scopus

## Research projects:

N	Title	Details
1	The relationship between serum salusin and disease activity in patients with systemic lupus erythematosus	
2	The effect of serum derived exoms on patients with ankylosing spondylitis on T lymphocyte	
3	The effects of T-cell exoms obtain from osteoporotic pateints	

	and healthy individuals on osteoblastic function and gene expression profile	

## Positions held: (past- current)

Start and End Date	Job Title, <u>Responsibilities and achievements</u>
2014-present	Head of rheumatology ward

## Association Memberships (past and current)

Start and End Date	Job Title, <u>Responsibilities and achievements</u>
2016-present	Member of of Connective Tissue Diseases Research Center

## Awards and Recognitions

Start and End Date	Details
2012	Diploma honoring the scientific festival of the Medical Sciences Academy
2002	First Degree in Rheumatology National Board Examination